

**AFRICA INTERNATIONAL UNIVERSITY
COURSE TEMPLATE**

BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY

YEAR ONE

Semester 1			Semester 2		
Unit Code	Unit Name	Hours	Unit Code	Unit Name	Hours
PSY110	Introduction to Psychology/ Human Behaviour	3	PSY121	Life Skills for Human Empowerment	3
PSY111	Introduction to Social Psychology	3	PSY122	Theories of Counselling	3
UCC111	Bible Interpretation and Study Methods	3	PSY123	Psychology of Personality	3
UCC112	Library Research and Information Competency	3	UCC110	Foundations for Life & Mission	3
UCC114	Essentials of Information and Communications Technology	3	UCC115	Comparative Study of Religions	3
			UCC116	English Writing and Communication	3
				Personal Therapy (15 hrs)	0
	Total Hours	15		Total Hours	18
Yearly Total = 33 Hours					

YEAR TWO

Semester 1			Semester 2		
Unit Code	Unit Name	Hours	Unit Code	Unit Name	Hours
PSY211	Developmental Psychology	3	PSY221	Group Counselling	3
PSY212	Theological Foundation of Counselling	3	PSY222	HIV/AIDS Counselling & Intervention	3
PSY213	Chemical Dependency	3	PSY223	Critical Thinking	3
PSY214	Depression and Management	3	UCC211	Introduction to Philosophy	3
UCC222	Introduction to Sociology	3	UCC221	Environment, Development and Stewardship	3
	Elective	3		Elective	3
	Total Hours	18		Total Hours	18

Yearly Total = 36 Hours

YEAR THREE

Semester 1			Semester 2		
Unit Code	Unit Name	Hours	Unit Code	Unit Name	Hours
PSY311	Marriage & Family Dynamics	3	GES321	Research Designs & Methods	3
PSY312	Human Sexuality	3	PSY322	Counselling Skills	3
PSY313	Loss, Bereavement & Trauma	3	PSY323	Stress, Burnout & Burnout Counselling	3
PSY314	Ethical & Legal Considerations in Counselling	3	PSY324	Abnormal Psychology	3
PSY315	Health Psychology	3	PSY325	Social Statistics	3
PSY316	Multicultural Diversity in Counselling	3	PSY326	Geriatric Psychology	3
	Total Hours	18		Total Hours	18
Yearly Total = 36 Hours					
YEAR FOUR					
Semester 1			Semester 2		
Unit Code	Unit Name	Hours	Unit Code	Unit Name	Hours
PSY411	Child & Adolescent Abuse & Counselling	3	GS423	Project	3
PSY412	Psychology of Learning	3	PSY421	Premarital Education & Counselling	3
PSY413	Effective Parenting	3	PSY423	Testing & Assessment (Child and Adolescent)	3
PSY414	Conflict & Conflict Resolution & Management	3	PSY425	Industrial Counselling Attachment (Internship)	3
PSY415	Testing & Assessment (Adults)				
PSY416	Terminal Illness and Counselling	3			
	Total Hours	18		Total Hours	12
Yearly Total = 30 Hours					

ELECTIVES		
Unit Code	Unit Name	Hours
PSY321	Disaster & Disaster Management	3
PSY422	Witchcraft Accusations and Counselling	3
PSY424	Emerging Issues in Counselling	3