

# THE ORACLE

### **AIU WELCOMES NEW MAY STUDENTS**



We are glad to have started on a good note by welcoming over one hundred new students in the opening week of the May Semester during the orientation and, summed it up with a Friday filled with fun and an evening bonfire for fellowship and coffee. We trust that the rest of us will plug in as well and help the new students continue to settle and adjust to the demanding learning environment at AIU.

We have kept the tradition as an international university by witnessing numerous students streaming in from different parts of Africa and the rest of the world.

As a council, we are happy to have embraced the new members with open arms during this time and intend to continue doing so as they gel and blend with the rest of the comrades. This was evident in our active support to the administration.

Seeing it as a short semester, we seek to engage all students to tap ideas that can make our learning in such a short and cold season, to be as interesting as possible. In this view, we are glad of the news of the numerous events that lie ahead and students are advised to be active participants as they are major stakeholders in school functions and other engagements.

We eagerly await the upcoming AIU Graduation scheduled for July and do pray that God may keep all the graduating students in His safe arms and bless them as they leave to practise what they have learnt during their time here. We are assured that you will be a great blessing to the communities you are going to serve in.

# THE AWESOME BONFIRE



It was quite a chilly evening when the sun started falling asleep with its dimming rays shielded behind the adjacent strong and unmoving trees. The gregarious and exuberant students continuously thronged the fourplex square ready for a wholesome new experience.

Booth Tarkington, The Magnificent Ambersons clearly narrates, "Whatever does not pretend at all has style enough." Clinging by that fact, the student council proved that they were not short of creativity. The Bonfire was an introduction arraying how the current regime is committed to diversify and engage fresh ways of approaching issues. They exhibited a difference; ways of doing and ways of being done.

Not only did the Bonfire attract our target group (new students) but also the 'veterans', community children and friends by extension.

The glamorous event managed to pull close to 250 people at a sitting.

The background moderate decrescendo music was a good blend as people grouped for catch-ups and integration. The

event officially started with the Bonfire fun games led by our team building leader Misheck. The energetic super emcee Mwahoss kept the event as alive as possible. His punch lines and ice breakers were on another level. We received striking performances from various individuals. Noro Nash came out elegantly and boldly with a spectacular solo performance. The performance energy was already 'over the bar.' The audience was thrown into ululation



The DOS Dr. Florence Mungathia made a special appearance and used the opportunity to address the students. She was delighted to be part of the event and promised to support future wholistic functions.

and celebration when Erick Mukeshmana gave his introductory chummy verse of his popular song (Tufurahi Tonight). It was a surprise to many when we learnt of an outstanding drama performance presented by the new students. Chorus Boy Mulla did not waste a golden chance when he came to the floor. His musical swag enlightened the show further. As if that was not enough, our own President Kelvin Nyamrer was the talk of the event. He exceptionally pulled the crowd with a resonant reggae vibe that left the audience tongues wagging and amazed. Michael did not disappoint with his melodious homorythmic voice that vibrated the entire fourplex square.

A couple of minutes after the beginning of the event, the audience was served with popcorns. That was not the least of all, towards the end of the show, the crowd queued to partake of an aromatic coffee and sandwich. The preparation was coordinated by well-behaved ladies led by our First lady.

The Secretary General Eddy Nika did what he does best. He gave an outstanding speech to the entire audience. He used the platform to address key and vital issues. He appreciated the harmony and the rapport built. Moreover, he beseeched the student body to actively support the Council to ensure efficient service delivery. The President too did not mince his words when he called for utmost collaboration. He welcomed Mr. Elly Ndiao and Timothy Nyamgero who had honored the event.



The council was asked to organize more student-oriented functions that will positively impact the students in line with the vision and mission of the school.

The new students were more than satisfied with the warm reception.

# EDUTAINMENT FUNDRAISER

Benjamin Franklin, an American polymath and one of the founding fathers of U.S, clearly pitches, "An investment in knowledge pays the best interest."

In Kenya, the education sector has experienced exponential growth since introduction of Free Primary Education (FPE) and Free Secondary Education (FSE). More and more students can now access basic education. The transition rate from high school to higher education has also grown. Education in higher education is partly funded by the government since the start of cost sharing in early 1990's.

# Government funding through students' loans is not enough to meet all students' needs.

Parents rely on community mobilization funds drive and constituency development funds which yield very low returns. This can be attributed to low income in families due to slow economic growth.

These circumstances come with challenges among university students and Africa International University is not exempted. The university has about 50 students who are orphaned and/or extremely needy. They lack tuition and/or living expenses' support. Most of these students were supported by well-wishers for their secondary school education.

Africa International University (AIU) wishes to launch a fundraiser for 50 orphaned and needy students to go through their university education.

AIU has more than 100 financially needy student (orphaned and vulnerable). Some go hungry for 2-3 days, others for a couple of meals and all often defer taking exams due to non-payment of exam fees. The AIU community has had a benevolence fund for students since the late 90's. In the recent past with a growing number of orphans and needy students, the kitty is running out very fast.

While some students receive Higher Education Loan's Board support, the funds are not usually enough; many students struggle to make ends meet with both tuition and living expenses. Some students do not receive any HELB loans even after applying.

For this reason, AIU is organizing a funds drive under the theme: Ensuring Accessibility of Education to All. Funds collected will go towards supporting vulnerable students at the university.

The university is organizing an entertainment event which will also educate the public at the same time, hence branded -Edutainment Fundraiser. The items for presentation will explore the theme Ensuring Accessibility of Education to All. It is envisaged that the funds raised will be able to educate over 50 orphaned and needy to meet their basic right to education, food and decent living. Hence, the branding - Edutainment Fundraiser.

Youth from universities and high schools will be encouraged to showcase their talents to create pieces of music, dance, painting and tapestry, among others, to address the theme. After a vetting process, the best pieces will be presented during the event. The much-hyped event is on 8th June 2019.

We beseech all students and well-wishers from various quarters to come handy to support this milestone initiative. We are as sure as the sun rises from the east and sets to the west that the funds drive is a noble investment that will earn a remarkable interest in years to come.



#### **FARM PROJECT**

The farm project is one of the student association's income generating activity. It has been run by several student councils over the years and it is normally overseen by the association's treasurer.

The project which is currently under Patrick Kipkulei, the farm manager, has been receiving tremendous support from the council to boost the productivity hence profitability.

JF Kennedy did not mince his words when he said, "As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them." The council has shown commitment by putting several measures in place to address common challenges.

Just for your consumption, as of recent, we have experienced increased milk production.

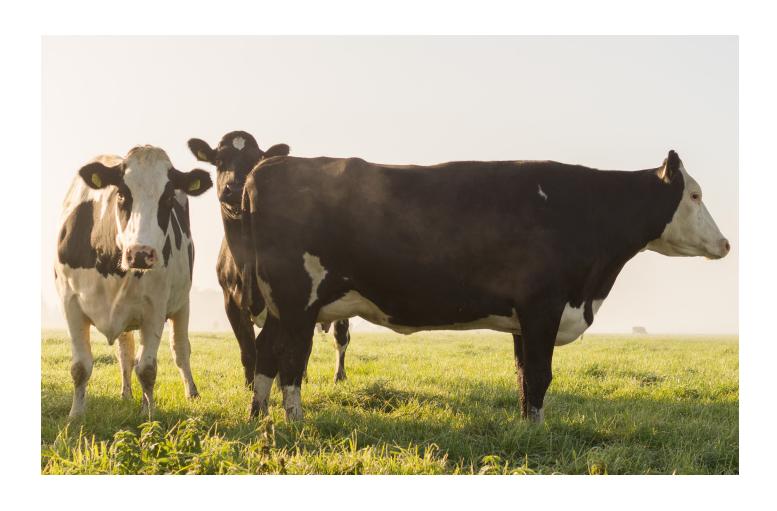
In a span of three weeks, three cows gave birth to three newborn calves. This good news has not only proved the added number of cattle but also boosted our productivity.

Now here is the real business, judging by the past records at our disposal, we realized that we have been incurring bad debts hence the need and sense to come up with an amicable and practical solution towards the same.

Allow me to take you through the guidelines in place:

- 1. Payment should be made at every start of the month, latest by 5th.
- 2. If full amount will not be paid then one will be required to pay at least 50% of the total payment before taking the milk.

For registration, kindly contact our Treasurer on 0703797511. Our milk goes only at 60 shillings per liter. You can be sure we will serve you with utmost professionalism. In a month time, we will administer the community with questionnaires towards our service.



+ AIU STUDENTS ASSOCIATION +

# FRESHIMLK @60 BOB PER LTR SALE

BOOK & REGISTER 0703 797 511 OR 0781 858 148



#### ROAD PROJECT

We are well aware of the ongoing road project in our school which has been ongoing for the past few years.

We were privileged to be invited to the road inspection by the project committee for analysis, progress-check and evaluation.

Even as much as its close to completion, it has exerienced a few challenges. Judgng from the unique nature of the project in that it was being built while still under regular use by the clients in this case, the AIU institution, we are glad that the contractors have done a tremendous job in the face of such eperiences.

The AIUSA managed to bargain for a few benefits for the Fourplex residents namely, stair-steps to help access the road adjacent and behind Block T. We were also able to bargain for a steady slope within the same point to allow easy access on and off the road for our cycling students and children.

We were glad to be informed that the project will be finished just in time before the July graduation and this will go a long way in boosting the image of the school during such a prestigious event and will equally continue serving the AIU community for many years to come.







### AIU ANTHEM

God gave us this noble charge,

The Master sent us to the needy world!

As agents of transformation,

The Lord placed in our hands

A towel of humble service; With integrity defending His cause!

AIU we stand in boldness: Committed to His mission! AIU we stand in boldness: Connected to His world! God gave us a diverse home;

The peoples' cultures across nations!
Brought together by His

purpose, Bound together by His

love! A journey of faith in one-

With excellence in spirit, we go.

AIU we stand in boldness: Connected to His world!

God gave us a home to last;

The heroes' vision still remains!

A family of God's people, The community song of hope!

A future shining brightly, In the Lord everything holds!

Committed to His mission! AIU we stand in boldness: Connected to His world!



### **COLUMNISTS**

# Standing By Your Virtue

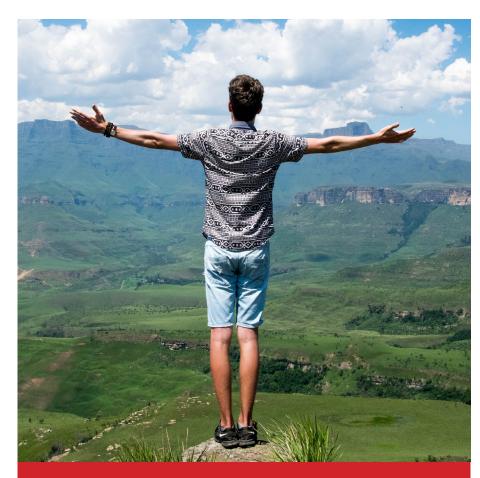
By Eddy Nika Wiwatsu

I am neither here to give a head start to the "consequentialist" nor a hat tip to a deontological perspective. In as much as it is a philosophical term with questionable variables, I choose not that path.

#### Virtue, by all standards is a moral quality or a habit of thought and character as exemplified through traits.

The moral decay in our present society is alarming to an extent of the world crying and on its knees of surrender to allow nature to take its course. In fact, craftiness and deceit are seen as the new definition of wisdom to mankind.

Mary Kiprotich, in her article, "The age of Learned friends" says, "The modern world has slowly eroded the culture of deity, values and dignity replacing it with a selfish world view that suggests to us that morality is relative and that everyone should seek to survive." We have gone further to give numerous versions on integrity, morality and rectitude.



Our present youth are lacking wholesome role models to look up to and one that they can easily relate with

I bet one of the resounding examples of a bible character who stood by his virtue was Joseph (son of Jacob). Joseph, worth twenty shekels of silver, was put in charge and entrusted all households belonging to Potiphar. In as much as Potiphar's wife enticed him into a sexual relationship, he gave it a cold shoulder. This act made him outstanding amongst many. How many Josephs do we still have?

Fabrice Katembo, a leading voice in transformational leadership, in his book, "The Birth of a Christ-Centered Leader" says,

### "We need to find people who can decide whether the footprints will last beyond lifetime or sink in the sands of time."

We have leaders who lean on their own understanding and fail to devote themselves towards glorifying God. The fear of God to them is a thing of the past and a subject that does not qualify to be a discourse. The Christian principles and ethos should form the basis of the virtue. We have shifted our focus from doing what is good in the eyes of the Lord to doing what is good in the eyes of men. This is a sure sign that we are headed to a disguise. We don't need more examples of people who have gestured on their thirst and appetite of money in exchange for their values.

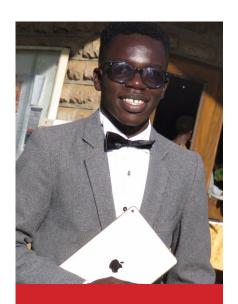


The time worth attention we give to social ills like corruption is simply amazing. I have come across numerous articles which not only address corruption but also give practical solutions to the social ill. Verily, a lot of countries are marred with cases of corruption to an extent of it not pulling an astonishment once we receive another scandal.

The subject of corruption is a real conundrum due to the political ping pong. There has been serious interference from the political class, hindering the hearing of graft cases by relevant authorities. In fact, these bodies mandated to do the operation have been infiltrated by 'the haves.' Mark you, corruption is not only characterized as state-like or judicial-like but also the simple normal engagements we do in our homes, institutions of higher learning and working places. We have lost the moral standards in which we ought to ascribe to.

My honorary opinion which holds water is very simple:

Lets subscribe to values and principles that are worth and christened. It is only you – the remnant – that the world is waiting for to make a difference through your character. Stand by your virtue.



EDDY NIKA WIWATSU
Current AIUSA Sec Gen,
Aspiring Author,
Community Influencer

eddynika78@gmail.com +254796754213

# Has Social Media Cured Your Loneliness?

By Fabrice S. Katembo



Our age seems to be increasingly characterized by detachment from community, and a strong attachment to our mobile devices. This can be seen in the rise of social media platforms (WhatsApp, Facebook, Instagram, SnapChat, Twitter, LinkedIn, etc.) that promise to give us contact with others, even whilst incorporating an element of distance between the users. One of the hopes raised by social media has been the idea that it could solve the problem of loneliness.

But there are growing indications that social problems are becoming more alarming than we realize.

Social media is socializing us with our phones, not with others. With the rise of technology, it is increasingly difficult for people to have close relationships. Thus, I assert that one of the major problems killing our sense of community is our misuse of social media. The world-famous Silicon Valley scientist-pioneer Jaron Lanier writes, "Now everyone who is on social media is getting individualized, continuously adjusted stimuli, without a break, so long as they use their smartphones. What might once have been called advertising must now be understood as continuous behavior modification on a titanic scale."

#### **Welcome to Narcissism**

We often run to our screens to recreate love only to become lovers of ourselves. We keep running back to our social media statuses to inspect people who viewed our posts. On the one hand we feel validated or accepted when our friends like our posts. On the other hand we feel anxious when we realize that some of our friends did not like or even view our posts. We are becoming more narcissistic without realizing it.



We can never build strong communities with the self-centered attitude which social media encourages in us. Community is built on love and there can never be love without humility. A humble person is honest with himself and with others. A humble person does not seek to pretend to be someone he is not. CS Lewis says that "humility is not thinking less of yourself, it's thinking of yourself less." Community is dying in our society because we think of ourselves too much. Jaron Lanier adds that "social media makes you meaningless. Other people are also becoming meaningless; you understand less about what's going on with them."

#### What Can I do Then?

I am not trying to campaign against social media so to speak. However, if we are not careful we will succumb to many troubles that will affect future generations. We must be intentional to mend the broken walls of our community.

For that reason, this is what I endeavor to do every week:

- -For few hours every week, I switch off all of my electronic devices to enjoy silence.
- -During church services, I turn off my phone to enjoy fellowship with other Christians.
- I keep my phone out of reach during my conversations with people.
- I leave my phone in the living room to avoid interruptions during bedtime.
- I tend to limit chats. I would rather call the person who texted me or plan for a meeting if necessary.
- For now, I have limited my social media platforms (I only use Gmail and LinkedIn).

I am not saying you should do the same. But ever since I have adopted this discipline, I have seen great changes. I am no longer distracted when reading and so take in much more; my verbal communication with friends is improving as well; I am no longer the person who used to show off; I no longer need to be on guard with my phone trying to figure out whether people like me or not. I have leant to rest in the green pastures of friendship.



FABRICE S. KATEMBO, MA Blogger, Author, S.S. Teacher, and Basketball Player

fabricegia@gmail.com +254701941142

# Live Like a Tree And Grow!

**By Whitney Mugo** 



#### This rainy season brings about tips on how to achieve academic brilliance

Learning never ceases.

We are constantly learning new things every day. Africa International University welcomes every freshman to the next phase of their academic lives. With the rainy season, a cup of hot tea and coffee before and after lectures, might just be the get-up-and-go energy that you'll need. For whatever reason you are studying, whether the decision was internal or external, God has always a plan for you.

Perhaps, this is the route you will have to take to understand what lies ahead. Fear not comrades! Being a student doesn't have to be as hard or challenging as you may perceive it. Personally, when I began my studies at AIU, I was constantly appalled and questioning why some of my classmates were performing better than I despite having the same learning materials and lectures.

What made them so different? The answer to this question was simply 'nothing'.

Applying the phrase that says, 'Failing to plan is planning to fail,' is the core secret to achieving academic brilliance. Planning each days' activities, tasks or events to do, creates a reminder, a mindlike schedule that guarantees work done. A lack in a sense of planning will in most cases allow you sway to different directions with or without your intention. This will develop negative traits such as procrastination and false thoughts like "if my friends haven't done the assignment then I'm not alone". As Malcolm X once said, "Education is the passport to the future, for tomorrow belongs to those who prepare for it today". Make a declaration today and now, "Procrastination won't magically complete my assignments or make examinations any easier but working hard and living one day at a time will definitely reflect the time and effort invested in my academics". Our grades, exams, and doing well in school are all a part of the journey to our destination.

Apart from academic work, perhaps you are talented or enjoy doing an activity not related to your field of study; cultivate it. Whether you are study-



ing Education, Business, Theology, Development Studies, Psychology or IT, do not be limited to just that. The more skills you acquire and develop within this given period, will bring more opportunities in the future and it will be extremely beneficial. Some examples include photography, singing, drawing/painting, sports, beauty, volunteering, just to mention but a few. It is a Win-Win situation because you can develop your skill and take time to relax from all the academic pressure.

Visualization- Visualize yourself having achieved your ultimate goal. When you have an assignment or a paper due, spend a few moments visualizing the outcome beforehand. Visualize getting a good grade or hearing people congratulating you on doing so well. Before an exam, take a few minutes to imagine yourself knowing all the answers easily. Smile at how effortless the exam is and how you finish early, knowing you will do well.

The Mirror Technique. This tool is to help you be more confident about your exam results and your ability to do well in your studies.

The Remembering Technique. Basically you want to focus on what it would be like to have what you desire and to look back on it.

**\*LIVE LIKE A TREE AND GROW\*** 



WHITNEY MUGO
Passionate Writer,
Novel and Blogs Reader

whitney.mugo@aiu.ac.ke +254791207864

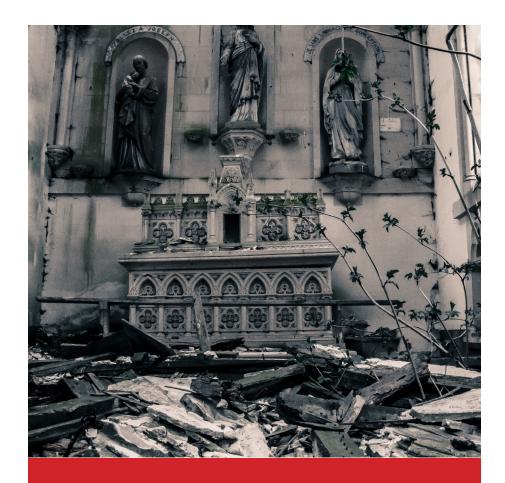
# White Washed Tombs

#### By Danson Ottawa

We have a religion today; a religion that has mocked the classical puritan declarations and marred the beauty of the gospel. A religion that drinks iniquity like water and is not shamed with trampling underfoot the blood of Heaven's beloved. The prophets that hoisted its flag are dressed in a pious garment with all their teach full of blood, for they have devoured the sheep they were to tend.

On the outside, they peck the lamb and make it follow innocently but on the inside, they tear down every marrow and vessel in it. They are preachers of another message, they deceive and deceive indeed.

It is the message of peace in a world that promised war on the propagation of the cross. They tell you to seek self-preservation and life of worth and pleasure. Blessedness is associated with a worldly blueprint of health, wealth and fame. Are these things evil? No, not in themselves. What if they become the centre and obsession of our hearts? Is it not worse than idolatry, is it not more gruesome than the Baal worship? It is not just the wealth, health and fame idea.



### They have made for themselves a golden calf, they call him 'self'.

How to become a better you, How to activate the power within, How to unleash the potential within, How to unlock your dreams, Breaking free from diseases and Name it and claim it. They will say, 'You are gods, so build your little kingdoms and reign in them!' Brothers and sisters, is this the gospel? They dance around this golden calf with their pagan friends and entertain them with words like, 'God loves you just the way you are, and it does not matter.'

The scriptures do not leave this issue unaddressed. "For the time will come when they will not endure sound doctrine; but after their own lusts shall they heap to themselves teachers, having itching ears and they shall turn away their ears from the truth, and shall be turned unto fables." (2 Timothy 4:3-4).

They have exalted ecstatic experiences of a strange Holy Spirit above the genuine live out righteousness without which no one will see the kingdom of God. You will find them emphasizing more on people being 'slain in the spirit and speaking in tongues' than the preaching of regeneration, which is God's work in the heart of man through the power of the Holy Spirit in transforming man not to a multibillionaire life but to the image of Christ. They are clouds without waters, a strange fire being offered to the Baal gods and kundalini spirits. They are whitewashed on the outside but a tomb of dead corpses on the inside. They are luring more into believing a lie. If anyone of you preaches a gospel apart from the gospel preached in the scriptures, let him be accursed.

Salvation is a sovereign act of God's grace which He began before the foundations of the earth and continues to do in the lives of those He has called to Himself through the power of the Holy Spirit to conform them to the likeness of His Son Jesus Christ. The cross of Jesus Christ was for propitiation, today He calls every professing Christian to self-less life where you forsake your life, and become a slave to a perfect master whose love and mercy will rob you of every desire for sin and evil and continually lead you to conform unto a righteousness that has been imputed on us.

We are called to a life of missionary sacrifice, with compassion and grace to love those less privileged and preach the gospel to the lost. No one needs financial empowerment, our treasures will lay in the kingdom, where our hearts were called to before time began. We do not need self-esteem and a balanced IQ; we just need an exalted Christ in our hearts. The message is, 'Carry your cross and follow Jesus, this cross is the cross of propagation'. This cross promise; suffering, hunger, thirst and even more suffering. Do you feel the pain of a people group in South Asia that has not seen the wonder of the gospel? Do you see the emptiness in the pagans in northern Africa are facing and you want to spend all your money on a house you don't need and say, 'the Lord has blessed me?'

# It is exceedingly shocking and contrasting to note that the Teaching of Jesus on blessedness has so little to do with goodwill and harmony on this broken world.

"They are poor in spirit because the kingdom is not earned but is a reward from heaven, so they have nothing to boast about, they mourn not because of the death of a loved one but because of their sins and the sins of those around them" (Ezra 9:4, Psalms 119:36). When he speaks about meekness, his model in Philippians 2:4-11, the idea is derived from Psalms 37:11; "But the meek shall inherit the earth and shall delight themselves in the abundance of peace." These people humbly acknowledge their dependence on the goodness and grace of God and portray no arrogance towards others; it is not so much to an attitude toward people as to a disposition before God, namely humility. The earth here does not refer to the world in which we live today, but the new Promised Land (see Rev 21:1, PS 37:9).

Those who hunger and thirst for righteousness have a deep longing for both personal righteousness and justice for the oppressed. The pure in heart; here the heart means, the centre of being, including mind, will and emotions. What about the peacemakers? They have a passion for peace.

Persecution is a gift from God to those willing to carry the cross of propagation. The reward is in heaven.

We are honestly called to life more than the trifles and hamburgers of me myself and I; for us to live is Christ and to die is gain.



**DANSON W. OTTAWA**Writer, Worship Leader
Theologian

dansonjunior@gmail.com +254715209671

### **NOTICE BOARD**

#### **GM MEETING ON 12TH JUNE**

We will be having our semesterly association's general meeting on Wednesday 12th June 2019. This will happen from 3pm at the Multipurpose Hall.

### FIRST TIME HELB APPLICANTS

First Years Applicants for HELB, please note the portal for HELB is now accessible. Please download and fill your application for 2020/2021.

Kindly download and act accordingly. Do not wait till past deadline to submit your forms.

### INTER-SCHOOL SPORTS COMPETITION

The office of the Students Affairs under the Dean of Students in collaboration with the Student Council and the Sports & Recreational Committee is planning for the first ever Inter- School Competition from 13th to 19th June. The following games will be participated: Volleyball, Soccer, Marathon, Badminton, Table Tennis, Chess, Darts; Sack race, Egg race, short and long races.

Feel free to purchase the T-shirts at the student Centre for only 500/=. Overall Coordinator is the Sports and Recreation Officer – Mr. Jonah Michubu – 0728 619 108.

SCHOOL REGISTRATION,
KEY PERSONS CONTANT
DRESS CODE
FACULTY & STAFF ALLOCATION

#### **SEAS:**

**Eddy Nika** 

**Betty Koech** 

Mr. Elly Ndiao

Mr. Moses Mwongela

Contact: 0796754213 or 0705800351

**DRESS CODE: White T-shirt** 

FACULTY & STAFF: Registry, Student Affairs, HR & Admin (Maintenance, Clinic etc.)

#### **NEGST:**

**Kelvin Nyamrer** 

Peter Ndung'u

**Prof. Gyang Pam** 

Mrs. Susan Manyara

Contact: 0725534244 or 0759559505

**DRESS CODE: Red T-shirt** 

FACULTY & STAFF: Library, Chaplaincy, Se-

curity

#### SBE:

**Edwin Odwor** 

**Nicholus Mwendwa** 

Mr. Jared Mayieka

Mrs. Virginiah Njoroge

Contact: 0715264003 or 0701995863

Black T-shirt IT

FACULTY & STAFF: ODeL, Finance & Mar-

keting



### AFRICA INTERNATIONAL UNIVERSITY

1st EDITION

## SPORTS Inter School Competitions

13<sup>th</sup> - 19<sup>th</sup> June 2019

> Stand Up for your school SBE, NEGST, SEAS

Promoting a Sporting Lifestyle

#### **Activities**

13th – Marathon – 4PM 14th & 17th – TT & Badminton – 5 PM 18th – Darts & Chess – 5 PM

### Climax - Wednesdy 19th June 2:pm

Tug of War, Athletics, Crazy Olympics, Soccer, Volleyball

#### **Register Now**

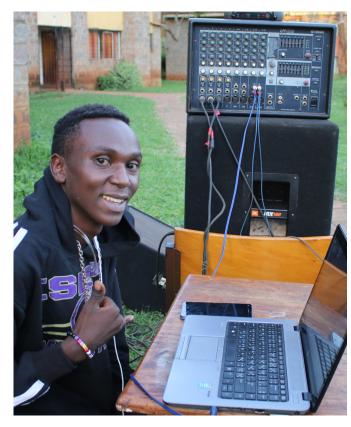
SBE: Edwin Odwor – 0715264003; Nicholas Mwendwa – 0701995863 NEGST: NEGST – Kelvin Nyamrer – 0725534244; Peter Mungai – 0759559505 SEAS – Eddy Nika – 0796754213; Betty Koech – 0705800351 Or Call Jonah – 0728619108

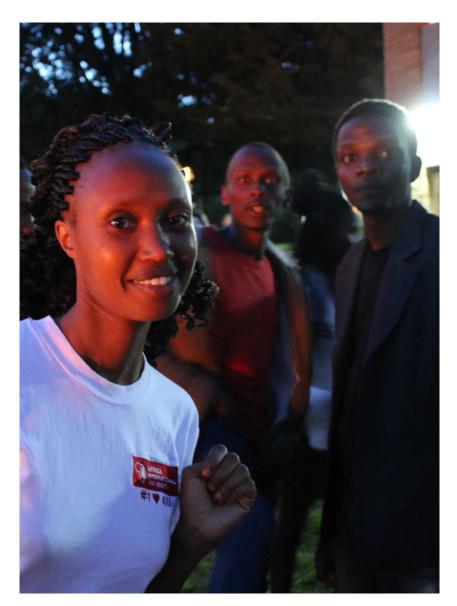
Committed to His Mission, Connected to His World

### **ORIENTATION GALLERY**







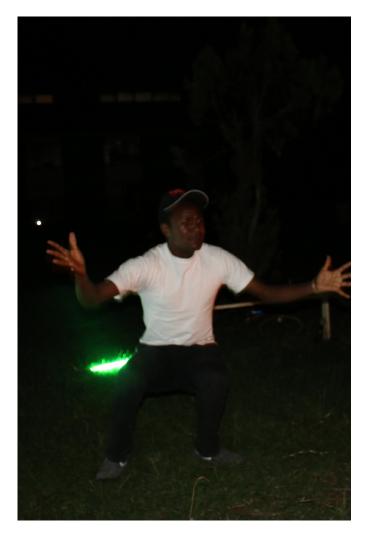


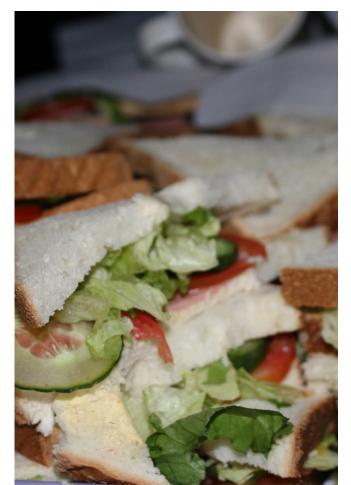
























To be part of this noble initiative and work together towards The ORACLE dream, kindly get in touch through: Sc.Sec@aiu.ac.ke or Eddy.Nika@africainternational.edu **Alternatively call:** +254 796 754 213